


Community Center



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
			1	2	3	4
			<p>9:00am: Water Exercise 10:30am: Standing Exercise-Fitness Room 11:30am: Quick Balance Training- Fitness Room 12:30pm: Cool Hand Ukese-Game Room 1:00-3:00pm: Bingo- Chapel 1:00pm: Seated Exercise 1:30pm: Outing to Target 2:30pm: "Stepping On"- Falls Prevention Discussion in the Fitness Room 4:00pm: Chair Yoga & Tai Chi in the Chapel</p>	<p>9:00am: Water Exercise 10:30am: Standing Exercise-Fitness Room 11:30am: Quick Tai Chi-Fitness Room 1:00pm: Electronic Help with Leon in the Lounge 1:00pm: Homewood Singers-Chapel 1:00pm: Chair Yoga & Tai Chi-Chapel 2:30pm: Trivia-Fitness Room 7:00pm: Night Crawlers</p>	<p>9:00am: Water Exercise 10:30am: Line Dancing-Fitness Room 11:30am: Quick Balance Training- Fitness Room 12:00pm: Poker-Game Room 1:00pm: Outing to The Runway Airport Inn for Lunch 1:00pm: Seated Exercise-Fitness Room 2:30pm: Balloon Bash in the Fitness Room</p>	<p>1:30pm: Art Club- Craft Room</p>
5	6	7	8	9	10	11
<p>9:45am: Church Service 2:00pm: Outing to the Maryland Symphany for Mozart 3:00pm: Book Club- Chapel</p>	<p>9:00am: Water Exercise 9:30am: Cool Hand Ukese - Game Room 10:00am: In-stitches Group Lounge 10:30am: Standing Exercise-Fitness Room 11:30am: Quick Balance Training- Fitness Room 1:00pm: Seated Exercise-Fitness Room 1:30pm: Grocery trip to Martins 4:00pm: Chair Yoga & Tai Chi-Chapel</p>	<p>9:00am: Water Exercise 10:00am: Bible Study- Game Room 10:30am: Standing Exercise-Fitness Room 11:30am: Quick Chair Yoga-Fitness Room 1:00pm: Seated Exercise-Fitness Room 2:30pm: Readers Theatre-Chapel-Canceled 3:00pm: "The Hoppers" Music Performance in the Chapel 5:30pm: The first Flying Box Car Game for the Silver Slugger Season Ticket Holders- The Homewood Singers will be singing the National Anthem!</p>	<p>9:00am: Water Exercise 10:30am: Standing Exercise-Fitness Room 11:30am: Quick Balance Training- Fitness Room 12:30pm: Cool Hand Ukese-Game Room 1:00pm: New Horizons Pop Ensemble in the Chapel 1:00pm: Seated Exercise-Canceled 1:30pm: Outing to Walmart & Aldi 2:30pm: Craft with Brenda in the Craft Room 4:00pm: Chair Yoga & Tai Chi-Chapel</p>	<p>8:30am: Coffee and Conversation with Kathy in the Lounge 9:00am: Water Exercise 10:30am: Standing Exercise-Fitness Room 11:30am: Quick Tai Chi - Fitness Room 1:00pm: Electronic Help with Leon in the Lounge 1:00pm: Homewood Singers 1:00pm: Chair Yoga & Tai Chi-Chapel 2:00pm: Men's Group in the Lounge 2:30pm: Song Lyric Game & Sing-along with Brenda in the Fitness Room 7:00pm: Night Crawlers</p>	<p>9:00am: Water Exercise 10:30am: Line Dancing-Fitness Room 11:30am: Quick Balance Training- Fitness Room 12:00pm: Poker-Game Room 1:00pm: Outing to Rocky Gap Casino 1:00pm: Seated Exercise-Fitness Room 1:00pm: Poetry Club- Craft Room 1:30pm: American Songster Music Performance in the Chapel 2:30pm: Mothers Day Flower Arrangements with Fresh Cut Flowers on the Pines Patio</p>	<p>1:30pm: Art Club- Craft Room 1:30pm: Outing for Country Drive with Ice Cream</p>
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12	13	14	15	16	17	18
<p>*Place recyclables out by 4:00pm this evening*</p> <p>9:45am: Church Service 4:30pm: Mother's Day Music Performance by Steve Flynn in the Chapel</p> 	<p>9:00am: Water Exercise 9:30am: Cool Hand Ukese-Game Room 10:00am: In-stitches Group Lounge 10:30am: Standing Exercise-Fitness Room 11:30am: Quick Balance Training- Fitness Room 1:00pm: Seated Exercise-Fitness Room 1:00pm: Resident Association Meeting- chapel 1:30pm: Grocery trip to Food Lion 2:30pm: Activity Planning Committee 4:00pm: Chair Yoga & Tai Chi-Chapel</p>	<p>7:30-9:00am: Breakfast Buffet in the Dining Room 9:00am: Water Exercise 10:00am: Bible Study- Game Room 10:30am: Standing Exercise-Fitness Room 11:30am: Quick Chair Yoga-Fitness Room 1:00pm: Seated Exercise-Fitness Room 2:30pm: Readers Theatre</p>	<p>9:00am: Water Exercise 10:30am: Standing Exercise Training- Fitness Room 12:30pm: Cool Hand Ukese-Game Room 1:00pm: Seated Exercise-Fitness Room 1:00-3:00pm: Bingo-Chapel 1:30pm: Outing to Target 4:00pm: Chair Yoga & Tai Chi-Chapel</p>	<p>9:00am: Water Exercise 10:30am: Standing Exercise-Fitness Room 11:00am: Holy Eucharist-Chapel 11:30am: Quick Tai Chi-Fitness Room 1:00pm: Electronic Help with Leon in the Lounge 1:00pm: Homewood Singers in HCC 1:00pm: Chair Yoga & Tai Chi-Chapel 2:30pm: Movie, Popcorn & Pizza in the Chapel 7:00pm: Night Crawlers</p>	<p>9:00am: Water Exercise 10:30am: Line Dancing-Fitness Room 11:30am: Quick Balance Training- Fitness Room 12:00pm: Poker-Game Room 1:00pm: Outing to Gladchucks for Lunch 1:00pm: Seated Exercise-Fitness Room 2:30pm: Pictionary in the Lounge</p>	<p>1:30pm: Art Club- Craft Room</p>
19	20	21	22	23	24	25
<p>9:45am: Church Service 3:00pm: Patriotic Music Concert by Robert in the Chapel</p>	<p>9:00am: Water Exercise 9:30am: Cool Hand Ukese-Game Room 10:00am: In-stitches Group Lounge 10:30am: Standing Exercise-Fitness Room 11:30am: Quick Balance Training- Fitness Room 1:00pm: Seated Exercise-Fitness Room 1:30pm: Grocery trip to Martins 4:00pm: Chair Yoga & Tai Chi-Chapel</p>	<p>9:00am: Water Exercise 10:00am: Bible Study- Game Room 10:30am: Standing Exercise-Fitness Room 11:30am: Quick Chair Yoga-Fitness Room 1:00pm: Seated Exercise-Fitness Room 2:30pm: Readers Theatre – Chapel</p>	<p>9:00am-1:00pm: Moving & Downsizing Fair in the Chapel 9:00am: Water Exercise 10:30am: Standing Exercise-Fitness Room 11:30am: Quick Balance Training- Fitness Room 12:30pm: Cool Hand Ukese-Game Room 1:00pm: Seated Exercise-Fitness Room 1:30pm: Outing to Walmart & Aldi 2:30pm: Craft with Brenda in the Craft Room 4:00pm: Chair Yoga & Tai Chi-Chapel</p>	<p>9:00am: Water Exercise 10:30am: Standing Exercise-Fitness Room 11:30am: Quick Tai Chi-Fitness Room 1:00pm: Electronic Help with Leon in the Lounge 1:00pm: Chair Yoga & Tai Chi-Chapel 3:00pm: Wine & Cheese in the Lounge 7:00pm: Night Crawlers</p>	<p>9:00am: Water Exercise 10:30am: Line Dancing-Fitness Room 11:30am: Quick Balance Training- Fitness Room 12:00pm: Poker-Game Room 1:00pm: Outing to Mission BBQ for Lunch 1:00pm: Seated Exercise-Fitness Room 2:30pm: Mexican Train Domino Game in the Lounge</p>	<p>1:30pm: Art Club- Craft Room 1:30pm: Outing for Country Drive with Ice Cream</p>
26	27	28	29	30	31	
<p>9:45am: Church Service</p> 	<p>*Place recyclables out by 4:00pm this evening*</p> <p>9:00am: Water Exercise 9:30am: Cool Hand Ukese-Game Room 10:00am: In-stitches Group-Lounge 10:30am: Standing Exercise-Fitness Room 11:00am-1:00pm: Memorial Day Picnic on the Pines Patio with Animal Visits 11:30am: Quick Balance Training- Fitness Room 1:00pm: Seated Exercise-Fitness Room 1:30pm: Grocery trip to Food Lion 2:30pm: Memorial Day Glow & Dance Party in the Chapel 4:00pm: Chair Yoga & Tai Chi-Chapel</p>	<p>7:30-9:00am: Breakfast Buffet in the Dining Room 9:00am: Water Exercise 10:00am: Bible Study- Game Room 10:30am: Standing Exercise-Fitness Room 11:30am: Quick Chair Yoga-Fitness Room 1:00pm: Seated Exercise-Fitness Room 2:30pm: Readers Theatre-Chapel</p>	<p>8:00am: Strawberry Cutting in Dining room #1 9:00am: Water Exercise 10:30am: Standing Exercise-Fitness Room 11:30am: Quick Balance Training- Fitness Room 12:30pm: Cool Hand Ukese-Game Room 1:00pm: Seated Exercise-Fitness Room 1:30pm: Outing to HomeGoods, Marshalls & Burlington 2:30pm: Music Appreciation with Brenda in the Fitness Room- topic? 4:00pm: Chair Yoga & Tai Chi-Chapel</p>	<p>9:00am: Water Exercise 9:30am: Outing to Mrs. Williams' & Ernest's Farm Market 10:30am: Standing Exercise-Fitness Room 11:30am: Quick Tai Chi-Fitness Room 1:00pm: Electronic Help with Leon in the Lounge 1:00pm: Chair Yoga & Tai Chi-Chapel 2:00pm: Dementia Support Group- Chapel 3:30pm: Birthday Social in the Chapel 7:00pm: Night Crawlers</p>	<p>9:00am: Water Exercise 10:30am: Line Dancing-Fitness Room 11:30am: Quick Balance Training- Fitness Room 12:00pm: Poker-Game Room 1:00pm: Seated Exercise-Fitness Room 2:00pm: Strawberry Festival Kick-off Music Concert by Dan & Galla at the Pines Patio with Ice Cream Sundaes w/ Strawberry Toppings</p>	