


October 2019

Homewood at Williamsport-Independent Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:00 AM-Water Exercises-Pool 9:00 AM-Caring Cards Ministry 10:00 AM-Standing Exercises-Fitness Ctr 10:30 AM-Bible Study-Chapel 11:00 AM-Chair Yoga-Fitness Ctr 1:00 PM-Bingo-Chapel 1:30 PM-Bookmobile 3:00 PM-Water Exercises-Pool 3:00 PM-Bible Study - Game Room 7:00 PM-Bridge Group-Lounge	2 9:00 AM-Water Exercises-Pool 10:00 AM-Standing Exercises-Fitness Ctr 10:00 AM-Poker—Game Room 1:00 PM-Prayer Shawl Ministry-Chapel 2:00 PM-Outing to Burkholder's Bakery in Sharpsburg 2:00 PM-Seated Exercises-Fitness Ctr 3:00 PM-Sing Along with Shelby-Chapel	3 9:00 AM-Water Exercises-Pool 10:00 AM-Standing Exercises-Fitness Ctr 11:00 AM-Scattogories-Game Room 1:00 PM-Bridge-Lounge 1:00 PM-Chat with Melissa with for the Pines Residents-Chapel 1:30 PM-Grocery Store 2:00 PM-You Be the Judge-Lounge 3:00 PM-Water Exercises-Pool 6:30 PM-Pinochle-Lounge	4 9:00 AM to 2:00 PM Sub Sale—DRI 9:00 AM-Water Exercises-Pool 10:30 AM-Line Dancing-Fitness Ctr 1:00 PM-Homewood Singers-Chapel 2:00 PM-Seated Exercises-Fitness Ctr 2:00 PM-Outing to Howard's Arts and Frames for Silent Art Auction that benefits FOR OTIS SAKE	5 12:00 PM-Poker -Game Room
		6 Place Recyclables Out By 4:00 PM This Evening 9:15 AM-Worship Service-Chapel 10:15 AM-Sunday School-Lounge 1:30 PM-Movie	7 9:00 AM-Water Exercises-Pool 10:00 AM-Standing Exercises-Fitness Ctr 10:00 AM-Close Knit Group-Lounge 12:00 PM-Pines Luncheon-DR 1 1:30 PM-Grocery Store 2:00 PM-Seated Exercises-Fitness Ctr 3:00 PM-Sketching with Sally-Craft Room	8 7:30 AM-Breakfast Buffet 9:00 AM-Water Exercises-Pool 10:00 AM-Standing Exercises-Fitness Ctr 10:30 AM-Bible Study-Chapel 11:00 AM-Chair Yoga-Fitness Ctr 1:30 PM—2:30 PM-Equipped for Life will be here to fix Rollator and Walker Brakes-Chapel 3:00 PM-Water Exercises-Pool 7:00 PM-Bridge Group-Lounge	9 9:00 AM-Water Exercises-Pool 10:00 AM-Standing Exercises-Fitness Ctr 10:00 AM- Catholic Mass-Chapel 11:30 AM to 1:30 PM-Food Show-Hosted by Feezer's-Main Dining Room 12:00 PM-Poker-Game Room 1:00 PM-Prayer Shawl Ministry-Chapel 2:00 PM-Outing to Ollies and Big Lots 2:00 PM-Seated Exercises-Fitness Ctr 3:00 PM-Wellness Talk-Fitness Ctr.	10 9:00 AM-Water Exercises-Pool 9:00 AM-Coffee & Conversation-DR 1 10:00 AM-Standing Exercises-Fitness Ctr 11:00 AM-Scattogories-Game Room 1:00 PM-Bridge-Lounge 1:30 PM-Grocery Store 1:30 PM-Tai Chi Refresher-Fitness Ctr. 2:00 PM-Fall Jingo 3:00 PM-Water Exercises-Pool 3:00 PM-Shooting Pool with Pastor Doug-Game Room 6:30 PM-Pinochle-Lounge
13 9:15 AM-Worship Service-Chapel 10:15 AM-Sunday School-Lounge 1:30 PM-Movie	14 9:00 AM-Water Exercises-Pool 9:30 AM to 11:00 AM—Fine Arts Class with Volunteer Artist-Craft Room 10:00 AM-Standing Exercises-Fitness Ctr 10:00 AM-Close Knit Group-Lounge 1:00 PM-Resident Association Executive Board Meeting-Chapel 1:30 PM-Grocery Store 2:00 PM-Seated Exercises-Fitness Ctr 3:00 PM-Sketching with Sally-Craft Room	15 9:00 AM-Water Exercises-Pool 10:00 AM-Standing Exercises-Fitness Ctr 10:30 AM-Bible Study-Lounge 11:00 AM-Chair Yoga-Fitness Ctr 1:00 PM-Bingo-Chapel 3:00 PM-Water Exercises-Pool 7:00 PM-Bridge Group-Lounge	16 8:30 am to 10:00 AM—Parkinson's Support Group-DRI 9:00 AM-Water Exercises-Pool 10:00 AM-Standing Exercises-Fitness Ctr 10:00 AM-Outing to Hickory Bridge for Lunch and Abraham Lincoln Presentation 12:00 PM-Poker-Game Room 12:00 PM-Alzheimer's Support Group—HCC Classroom 1:00 PM-Prayer Shawl Ministry-Chapel 2:00 PM-Seated Exercises-Fitness Ctr 3:00 PM-Sing Along with Shelby-Chapel	17 9:00 AM-Water Exercises-Pool 10:00 AM-Standing Exercises-Fitness Ctr 11:00 AM-Scattogories-Game Room 1:00 PM-Bridge-Lounge 1:00 PM-Carmel Apple Dessert Bar--Lounge 1:30 PM-Grocery Store 3:00 PM-Water Exercises-Pool 6:30 PM-Pinochle-Lounge	18 9:00 AM-Water Exercises-Pool 10:30 AM-Line Dancing-Fitness Ctr 1:00 PM-Homewood Singers-Chapel 2:00 PM-Seated Exercises-Fitness Ctr	19 12:00 PM-Poker -Game Room 2:00 PM—Outing to Boscovo's Department Store in Frederick

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>20</p> <p>Place Recyclables Out By 4:00 PM This Evening 9:15 AM- Worship Service-Chapel 10:15 AM- Sunday School-Lounge 1:30 PM-Movie</p>	<p>21</p> <p>9:00 AM-Water Exercises-Pool 10:00 AM-Standing Exercises-Fitness Ctr 10:00 AM-Close Knit Group-Lounge 12:00 PM-Friends and Neighbors Luncheon-DR 1 1:30 PM-Grocery Store 2:00 PM-Seated Exercises-Fitness Ctr 3:00 PM-Sketching with Sally-Craft Room</p>	<p>22</p> <p>9:00 AM-Water Exercises-Pool 10:00 AM-Standing Exercises-Fitness Ctr 10:30 AM-Bible Study-Chapel 11:00 AM-Chair Yoga-Fitness Ctr 1:00 PM-Low Vision Support Group-Fitness Ctr 2:00 PM-Working on Decorations for the Charlie Brown Christmas Tree in Williamsport 3:00 PM-Water Exercises-Pool 7:00 PM-Bridge Group-Lounge</p>	<p>23</p> <p>9:00 AM-Water Exercises-Pool 10:00 AM-Standing Exercises-Fitness Ctr 1:00 PM-Poker-Game Room 1:00 PM-Walking Club-Lounge 1:00 PM-Prayer Shawl Ministry-Chapel 2:00 PM-Fall Lawn Games—Pines Park 2:00 PM-Seated Exercises-Fitness Ctr 4:30 PM to 6:30 PM-Fall Harvest Social with Music by the Fabulous Flashbacks-Chapel</p>	<p>24</p> <p>10:00 AM to 2:00 PM Taylor Marie Clothing with Fashion Show</p> <p>9:00 AM-Water Exercises-Pool 10:00 AM-Standing Exercises-Fitness Ctr 11:00 AM-Scategories-Game Room 1:00 PM-Bridge-Lounge 1:30 PM-Tai Chi Refresher-Fitness Ctr. 1:30 PM-Grocery Store 3:00 PM-Water Exercises-Pool 6:30 PM-Pinochle-Lounge</p>	<p>25</p> <p>9:00 AM-Water Exercises-Pool 10:30 AM-Line Dancing-Fitness Ctr 11:00 AM-Therapy Talk -- Celebrating Physical Therapy Month--Chapel 11:30 AM-Bluebird Luncheon-DR1 2:00 PM-Seated Exercises-Fitness Ctr 1:00 PM-Homewood Singers-Chapel 2:00 PM-Seated Exercises-Fitness Ctr</p>	<p>26</p> <p>12:00 PM- Poker -Game Room</p>
<p>27</p> <p>9:15 AM- "Service of Remembrance"-Chapel 10:15 AM- Sunday School-Lounge</p>	<p>28</p> <p>9:00 AM-Water Exercises-Pool 9:30 AM to 11:00 AM—Fine Arts Class with Volunteer Artist-Craft Room 10:00 AM-Standing Exercises-Fitness Ctr 10:00 AM-Close Knit Group-Lounge 1:30 PM-Grocery Store 2:00 PM-Seated Exercises-Fitness Ctr 3:00 PM-Sketching with Sally-Craft Room</p>	<p>29</p> <p>9:00 AM-Water Exercises-Pool 10:00 AM-Standing Exercises-Fitness Ctr 10:00 AM-Railroad Club Meeting-Lounge 10:30 AM-Bible Study-Chapel 11:00 AM-Chair Yoga-Fitness Ctr 12:00 PM-Cheerios Luncheon-DR 1 3:00 PM-Water Exercises-Pool 7:00 PM-Bridge Group-Lounge</p>	<p>30</p> <p>9:00 AM-Water Exercises-Pool 10:00 AM-Standing Exercises-Fitness Ctr 1:00 PM-Prayer Shawl Ministry-Chapel 1:00 PM-Walking Club-Lounge 1:00 PM-Poker-Game Room 2:00 PM-Seated Exercises-Fitness Ctr 2:00 PM-Bocce Ball-Pines Park 1:30 PM—Outing to Antietam Battlefield for a Tour--\$7.00 per person</p>	<p>31</p> <p>Halloween</p> <p>9:00 AM-Water Exercises-Pool 10:00 AM-Standing Exercises-Fitness Ctr 11:00 AM-Scategories-Game Room 11:30 AM--1:30 PM-Halloween Buffet—Wear Your Halloween Costume 1:00 PM-Bridge-Lounge 3:00 PM-Water Exercises-Pool 3:00 PM-Wine and Cheese--Lounge 6:30 PM-Pinochle-Lounge</p>	<ul style="list-style-type: none"> ● For all Homewood Independent Living outings that require a fee, the resident must give a five day cancellation notice prior to the date of the outing. If proper cancellation is not given the resident will be charged 100% of the outing fee on the next Homewood billing statement. ● The Calendar will be put out on the last Friday of the month and the sign-up sheets will be put out the following Monday. ● Please make sure all walkers are able to be folded up for transport. ● Reminder: If it is your anniversary month for moving in, please stop by the Home Health Office to have your pendant tested. 	

October 2019

Grocery Shopping

<u>Monday</u>		<u>Thursday</u>	
10/07/19	Martins	10/03/19	Target
10/14/19	Martins	10/10/19	Wal-Mart
10/21/19	Martins	10/17/19	Target
10/28/19	Aldi's	10/24/19	Wal-Mart